



Sunday Brunch

GOOD MORNING!

Bloody Mary 6.00 **Big Daddy Bloody Mary with a Shrimp!** 7.50
Sunflowers Mimosa Champagne, OJ & Grenadine 6.00
Grand Mimosa Champagne, OJ & Grand Marnier 7.00
Alexis Champagne & Cranberry Juice 6.00
Flowering Mimosa Champagne & Sweet Hibiscus Flower 7.00

ENTRÉES

Omelet 3 eggs - 8.50/2 eggs – 7.50 *Served with Home Fries & Toast*
Greek Omelet with Feta, Kalamata Olives, Tomatoes & Spinach
Fresh Herb Omelet with Cheddar (V)
Western Omelet with Ham, Onions, Peppers & Cheddar
Smoked Salmon Omelet with Capers, Onions, Dill & Swiss
Mexican Omelet with Jalapeño Peppers, Tomato, Onion, Sour Cream & Salsa
Mushroom & Cheddar Omelet
Seafood Omelet with Scallops & Shrimp & Cheddar 3 eggs - 12.50/2 eggs – 11.50

Eggs any style 6.99 *Served with Home Fries & Toast*
with Bacon 7.99 with Honey Ham 8.99

Eggs Benedict 8.99 *Served with Home Fries*
Poached eggs On English muffin with Canadian bacon & Hollandaise

Eggs Sunflowers 9.50 *Served with Home Fries*
Two poached eggs on English muffin with spinach, Canadian bacon & Hollandaise

California Benedict 9.99 *Served with Home Fries*
Two poached eggs on English muffin with smoked salmon, avocado & Hollandaise

Key West Benedict 13.99 *Served with Home Fries*
Two poached eggs on English muffin with two lump crab cakes & Hollandaise

Irish Benedict 9.50 *Served with Home Fries*
Two poached eggs on English muffin, our homemade hash & Hollandaise

Today's Quiche 6.99 *Accompanied by sweet bread & fruit*(add a fresh green salad for 3.)

Belgian Waffle with Strawberries & Whipped Cream 8.99
With choice of Bacon or Sausage

Large Fruit Pancake 8.99 *Served with choice of Bananas, Blueberries or Strawberries*
with Whipped Cinnamon Butter & choice of Bacon or Sausage

Chocolate Chip Pancake 7.99 *Served with Whipped Cinnamon Butter & choice of Bacon or Sausage*

French Toast 8.99 *Served with Whipped Cinnamon Butter & choice of Bacon or Sausage*



We serve local Coll's Farm eggs &



Monadnock Sugar House maple syrup!

Lunch Fare

Soup of the Day 3.99/cup, 4.99/bowl

French Melt 8.75 Turkey, tomato, bacon, Dijon, melted Swiss on a croissant.
Served with white & sweet potato fries.

Steak 'n Eggs 13.99 *Served with Home Fries.* Steak done to order, eggs any style.

Sea Scallops 12.75 *Served with Home Fries & House Salad*
Gently sautéed in white wine, butter, capers & lemon.

BURGERS

Served on multi-grain bun with lettuce, tomato, onion, pickle & white & sweet potato fries

100% Angus Beef 8.99 Grilled to your liking (add cheddar, American, Swiss or bacon 1.)

Asiago Burger 9.25 Topped with Asiago almond pesto & parmesan

Alaskan Salmon Burger 8.99 Grilled & topped with a zesty Cajun Remoulade

Burger, no bun, no fries! 8.50 Served with side green salad

Garden Veggie Burger (V) 8.99 A mouth-watering alternative to red meat

The Bleubeard 9.99 Our most popular burger - stuffed with Bleu cheese & topped with bacon

To substitute all white or all sweet potato fries for the mix, add 1.

SALADS

Sunny Garden Mixed greens, fresh veggies, toasted Sunflower seeds & choice of dressing (V) 7.99
with **Grilled Chicken** 10.99 with **Smoked Salmon** 11.99 with **Grilled Shrimp** 11.99

Chef 11.99 Ham, turkey & roast beef on baby greens., topped with cheese, egg, & bacon

New Hampshire (V) 10.99 Green apple, goat cheese, dried cranberries, red onion & walnuts,
served on baby spinach with maple vinaigrette

Dressings: Sesame Ginger, Bleu Cheese, Ranch, Russian, low-fat Raspberry Vinaigrette,
low-fat Sun-Dried Tomato Vinaigrette, Maple Vinaigrette & **Sunflowers** Lemon-Curry

SIDES

Ask your server about today's scones! Scone of the Day 2.00

Toasted Bagel with Cream Cheese 2.50, with **Smoked Salmon, Tomato & Onion** 8.99

Smoked Bacon or Breakfast Sausage 2.50 **Corned Beef Hash** 3.00

White & Sweet Potato Fries 2.50 **Home Fries** 2.00

Mixed Green Salad (V) 3.99

Orchard Treasure: 5.99 Lowfat Plain Yogurt & organic applesauce, Granny apples
with a touch of cinnamon & Granola

Plus... Delicious Dessert Selections!

The State of New Hampshire, Department of Health & Human Services advises that consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase the risk of food-borne illness.

BEVERAGES

Snapple All-Natural Green Tea: Asian Pear	2.50
Snapple Kiwi Strawberry, Raspberry, Lemon or Diet Lemon Iced Teas	1.50
Adina Holistics Organic Herbal Elixir: Honey Lemon Aloe, Blackberry Hibiscus	2.00
Izze Naturals: Sparkling Clementine, Blackberry, Grapefruit, Pomegranate	2.50
Sodas: Cola, Diet Cola, Stewart's Root Beer, Canada Dry Ginger Ale, 7-Up, Club	1.75
Poland Springs Sparkling Water	2.50
Crystal Geyser Natural NH Spring Water	2.00
Milk or Chocolate Milk	Small 1.50 Large 2.25
Juices: Apple, Cranberry, Tomato, Orange, V-8	1.75
 Cold Sparkling Cider	2.50
Mug of Hot Mulled Cider	2.50
Mug of Hot Chocolate with whipped cream	2.50
Mocha Joe's Organic bottomless cup of Coffee	1.95
Espresso 1.95 Cappuccino 3.00	
Selection of Republic of Tea Herbal Teas	1.95
Iced Tea or Iced Coffee bottomless glass	2.50

SUNFLOWERS HAS A FULL LIQUOR LICENSE

Thank you for dining with us today!

Sunflowers

21B Main Street, Jaffrey NH 03452

603-593-3303

Sunflowers@webryders.net www.SunflowersCatering.com

Lunch

11-2

Dinner

Monday & Wednesday Bistro 5 - 8

Casual evenings with affordable
international dishes and familiar comfort food!

Thursday & Sunday 5 - 8

Friday & Saturday 5 - 9

Brunch

Sunday 9 - 2

Live Music Sunday evenings at 6

Closed Tuesdays

*** SUNFLOWERS TO GO! ***

Most items available for take-out ~ ask your server

Catering for All Occasions